



# NOVENA FOR PENTECOST 2026

The Holy Spirit Present  
and Acting in Families



*The Church of the Holy Spirit,*

## **Day 1 THE FAMILY AND THE HOLY TRINITY**

### **Fruit of the Holy Spirit: CHARITY.**

We express the virtue of charity by our unselfish devotion to God and our love for our neighbour.

### **BIBLICAL TEXT: Genesis 1, 27 – 28**

“God created mankind in his image; in the image of God he created them; male and female he created them. God blessed them and God said to them: Be fertile and multiply; fill the earth and subdue it. Have dominion over the fish of the sea, the birds of the air, and all the living things that crawl on the earth”.

Family motto “ For all that has been, THANKS! For all that will be, YES!”

### **Prayer intentions**

- That we might always listen and be open to the promptings of the Holy Spirit, we pray to the Lord.
- For the grace and strength to walk with those on the margins offering our gifts and talents for acts of charity and justice, we pray to the Lord.
- That we might live as a Spiritan community of radical welcome, recognizing the signs of the times, discerning and responding collectively to society’s most pressing needs, we pray to the Lord.
- That we, as a Spiritan Community, take time to actively engage in prayer, contemplation and reflection on our ministry to refresh, renew and celebrate God’s call and the action of the Holy Spirit in our lives, we pray to the Lord.

### **OUR FATHER ...**

### **CONCLUDING PRAYER:**

O Holy Spirit, you are one with the Father and the Son. You revealed your love by giving birth to the world and every creature. Give your love to our families and our communities so that we can live in harmony and in unity. Amen.

## **DAY 2 HOLY FAMILY**

### **Fruit of the Holy Spirit: JOY.**

We live with joy when we recognize that true happiness comes, not from money or possessions, but from knowing and following Christ.

### **BIBLICAL TEXT: Luke 2:43-52**

“When the days of the feast were over and they set off home, the boy Jesus stayed behind in Jerusalem without his parents knowing it. They assumed he was somewhere in the party, and it was only after a day's journey that they went to look for him among their relations and acquaintances. When they failed to find him, they went back to Jerusalem looking for him everywhere. It happened that, three days later, they found him in the Temple, sitting among the teachers, listening to them, and asking them questions; and all those who heard him were astounded at his intelligence and his replies. They were overcome when they saw him, and his mother said to him, 'My child, why have you done this to us? See how worried your father and I have been, looking for you.' He replied, 'Why were you looking for me? Did you not know that I must be in my Father's house?' But they did not understand what he meant. He went down with them then and came to Nazareth and lived under their authority. His mother stored up all these things in her heart. And Jesus increased in wisdom, in stature, and in favour with God and with people”.

### **Prayer intentions**

- Like the Holy Family fleeing to Egypt, many people flee from their countries because of the problems of insecurity and hatred. We pray that we may be welcoming to foreigners. Lord, hear our prayer.
- We pray for the women who, in difficult circumstances, are pregnant. Lord, hear our prayer.
- God has a loving plan for our family lives. We pray that despite the difficulties, we continue to trust in Him. Lord, hear our prayer.
- We pray that families may choose a simple life and share what they have with people in need of their solidarity. Lord, hear our prayer.

**OUR FATHER ...**

### **CONCLUDING PRAYER:**

O Holy Spirit, we thank you for your presence and action in the life of Saint Joseph, Mother Mary and Jesus our Saviour. Being chaste, they cared for each other, experienced joy in their own family and became a source of Joy for the World.

O Holy Spirit, help our families to follow the example of chastity and love of the Holy Family. Amen.

## **DAY 3 LABOR AND WORK**

### **Fruit of the Holy Spirit: GENEROSITY.**

We demonstrate the fruit of generosity when we share our gifts and possessions with others.

### **BIBLICAL TEXT: Psalm 128:1-6.**

“Blessed is the one who fears the Lord, who walks in his ways! You shall eat the fruit of the labour of your hands; you shall be happy, and it shall go well with you. Your wife will be like a fruitful vine within your house; your children will be like olive shoots round your table. Thus shall the man be blessed who fears the Lord. The Lord bless you from Zion! May you see the prosperity of Jerusalem all the days of your life! May you see your children’s children! Peace be upon Israel!”

### **Prayer intentions:**

- Lord, teach us to transform our work into prayer and our actions into gestures of love towards our neighbors and to God. May the Holy Spirit transform us so that our work may become a way to live in communion with Christ and to be a sign of the presence of God in our world. Let us pray to the Lord.
- Lord Jesus, you, who through divine grace and through the action of the Holy Spirit, gathers many young people, lay and religious, in the one Spiritan family, we beg you that the seed sown by missionaries may bear fruit and be a source of continuous renewal for the movements and lay groups collaborating with Spiritans. Let us pray to the Lord.

- Lord Jesus, who gave to Poullart des Places and Libermann the grace of surrendering themselves to your Holy Will, give us also the grace to discern the path you open for us and make us docile to the action of the Holy Spirit. Let us pray to the Lord.

**OUR FATHER ...**

**CONCLUDING PRAYER:**

O Holy Spirit, we thank you for the work of our family members and our community members which brings dignity to them and sustains them. Encourage us to find meaning in our work and to be attentive to those who are in need of our solidarity. Amen.

**DAY 4 THE EDUCATION OF CHILDREN**

**Fruit of the Holy Spirit: GOODNESS.**

We practice goodness when we honour God by avoiding sin and always trying to do what is right.

**BIBLICAL TEXT: Ephesians 6, 1 - 4**

“Children, obey your parents in the Lord, for this is right. “Honor your father and mother.” This is the first commandment with a promise, “that it may go well with you and that you may have a long life on earth.” Fathers, do not provoke your children to anger, but bring them up with the training and instruction of the Lord”.

**Prayer intentions.**

- Merciful God, help parents to be able to speak with one voice to their children: let us pray to the Lord.
- Merciful God, help our families to be a place of welcome for all, where each member can experience safety and protection: let us pray to the Lord.
- Merciful God, help our families to find Christian organizations which will support them in their task of education: let us pray to the Lord.
- Merciful God, family is a house of love. Help our families to put this love into practice: let us pray to the Lord.

## **OUR FATHER ...**

### **CONCLUDING PRAYER:**

- Holy Spirit, You came to teach the hearts of the Apostles the mission of the Gospel. We pray for parents who are the educators of their children. May they reflect the love of God for His Church. Help them to set the example of a life of faith and virtue. Encourage them to spend time with their children. Give them the gift of goodness, so that they can lead their families with responsibility. Give their children the grace of discerning what is right and good.

## **DAY 5 MIGRANTS AND REFUGEES**

### **Fruit of the Holy Spirit: KINDNESS**

We live the virtue of kindness by treating others as we want to be treated.

#### **BIBLICAL TEXT : Mt 2, 13-15**

When they had gone, an angel of the Lord appeared to Joseph in a dream. "Get up," he said, "take the child and his mother and escape to Egypt. Stay there until I tell you, for Herod is going to search for the child to kill him." So he got up, took the child and his mother during the night and left for Egypt, 15 where he stayed until the death of Herod. And so was fulfilled what the Lord had said through the prophet: "Out of Egypt I called my son."

#### **Prayer intentions:**

- Ever loving God, we acknowledge that we are all created in God's image and are worthy of respect and dignity. We pray for forgiveness for the times we have not been welcoming, hospitable and loving to migrants, refugees and internally displaced persons living in our lands. We pray that you help us understand that by welcoming those in need in our country, church and homes, we are welcoming Christ. May your love for mankind lead us to love and care for them. We pray to the Lord.
- Heavenly Father, we thank you for the gift of families and the joy and love that a family brings. You are the God of mercy and compassion, look upon

your people whose lives have been disrupted, whose family members have been separated, in search of secure environments and resources to support their families. Grant your mercy and comfort to these families who have been torn apart by conflicts, injustice and poverty. Through the intercession of the Holy Spirit, we pray that all migrants, refugees and internally displaced persons in the world may receive your healing and that one day they will be reunited with their loved ones. We pray to the Lord.

- We thank and praise you God the Father, the Son and the Holy Spirit for all the nations of the world who have offered a home to migrants and refugees. Open our hearts so that we may provide hospitality for all who come in search of refuge. Give us the heart to welcome every stranger as Christ in our midst. Lord, have mercy on all humanitarian workers who have also been separated from their families to provide service to migrants and refugees. Protect them as they work in hostile environments. May they trust You in all circumstances as they bring love and hope to the suffering through Christ. We Pray to the Lord.
- Our Lord and King, send your Holy Spirit to influence leaders and all those in authority in countries experiencing war and conflict. Grant our political leaders a sense of compassion and the gift of discernment as rulers over your people. We pray that no one should suffer or die as a result of politics, but rather that all may come to know the beauty of peace. We pray to the Lord.

**OUR FATHER ...**

**CONCLUDING PRAYER:**

Spirit of the living God, You revealed yourself to us through the warmth of love. We ask your help to be more sensitive and welcoming to the people whose lives have been disrupted, to comfort and to support the families of refugees and migrants. Let the fire of Your Spirit come upon us, to strengthen us to commit ourselves to follow the path of the Gospel, and to encourage us to defend human dignity. May we experience the kindness of your presence in our lives.

## **DAY 6 SOCIAL MEDIA**

### **Fruit of the Holy Spirit: MODESTY AND SELF-CONTROL.**

We practice modesty by being pure in our thoughts, words, and dress. We exercise self-control by working to overcome the temptations we face and by trying always to do God's will.

#### **BIBLICAL TEXT: 2 Tim 4, 1-5**

In the presence of God and of Christ Jesus, who will judge the living and the dead, and in view of his appearing and his kingdom, I give you this charge: Preach the word; be prepared in season and out of season; correct, rebuke and encourage—with great patience and careful instruction. For the time will come when people will not put up with sound doctrine. Instead, to suit their own desires, they will gather around them a great number of teachers to say what their itching ears want to hear. They will turn their ears away from the truth and turn aside to myths. But you, keep your head in all situations, endure hardship, do the work of an evangelist, discharge all the duties of your ministry.

#### **Prayer intentions :**

- We pray for families all over the world: May God renew their love for each other, their faith in God Almighty and the commitment of parents to raise their children through God's mercy and guidance. May families not fall into the trap set by the enemy. May the Lord God pour into their hearts His spirit of humility, patience, understanding and wisdom, that they may seek and find God's holy will to live according to His plan. Let us pray to the Lord.
- We pray for children and young people: That God may bless them with His spirit of truth and joy and that they find joy in the simple things in life. May they encounter people that help them to discover God's presence in their lives. Let us pray to the Lord.
- We pray for the healing of people's wounds: That they may discover how much God loves them and rediscover God's presence in everything. Let us pray to the Lord.
- We pray for people involved in the production and distribution of social media: That they may have a sense of responsibility and that truth may inspire their actions. Let us pray to the Lord.

## **OUR FATHER ...**

### **CONCLUDING PRAYER:**

Holy Spirit, breath of the love of God, open us up to trust and to simplicity of heart. Enlighten us through your wisdom and guidance to use social media wisely, for our benefit. Amen.

## **DAY 7 PRAYER LIFE**

### **Fruit of the Holy Spirit: PEACE.**

We are freed from worrying about trivial things because of the inner peace we experience with God in our hearts. We work and pray for peace throughout the world.

#### **BIBLICAL TEXT: Acts of the Apostles 2: 42-47**

They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of bread and to the prayers. Awe came upon everyone, and many wonders and signs were done through the apostles. All who believed were together and had all things in common; they would sell their property and possessions and divide them among all according to each one's need. Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart, praising God and enjoying favour with all the people. And every day the Lord added to their number those who were being saved.

#### **Prayer intentions :**

- We pray for all families, may God be with them, give them grace, love, and teach them how to love and respect each other. Bind us together, Lord. Bind us together in love. We pray to the Lord.
- We pray for broken families, may God help them to be reunited, may God hear their cry when they face difficulties in daily life and strengthen them. We pray to the Lord.
- We pray for the young people who plan to marry, may God bless and guide them so that they can take care of their new family. Let us pray to the Lord.

- We pray for the children who are homeless, may God be with them, send some people to accompany them, so that they can experience the love of a family. We also pray for the children who are victims of war, of abuse and abortion, may God bless them all. Let us pray to the Lord.

**OUR FATHER ...**

**CONCLUDING PRAYER:**

Spirit of God, giver of all good gifts, we can do nothing without you, yet you fill with your gifts those who confide in you. We remember the families who are witnesses of the Gospel through their love and unity for each other. Strengthen them with your gift of peace. Remember the families who are suffering for lack of love and peace. May your presence fill their lives and make them radiate peace. Amen.

**DAY 8      FAMILY MINISTRY : CARING AND SERVICE**

**Fruit of the Holy Spirit: PATIENCE.**

We demonstrate patience by treating others with thoughtfulness and tolerance. We know that we can overcome the temptations and sufferings of life because God is always with us.

**BIBLICAL TEXT: Sirach 7, 32 - 36**

“To the poor man also extend your hand, that your blessing may be complete; Be generous to all the living, and withhold not your kindness from the dead. Avoid not those who weep, but mourn with those who mourn; Neglect not to visit the sick. For these things, you will be loved. In whatever you do, remember your last days, and you will never sin”.

**Prayer intentions**

- We pray for the Pope, Bishops and priests, that God may grant them all the necessary resources to contribute to the liberation and promotion of men and women. Let us pray to the Lord.
- We pray for the leaders of our countries, for our politicians and for Christian communities in developing countries. We pray that they may act according to moral ethics and justice and consider each person as a brother, a sister, a

child, a father or a mother. Let us pray to the Lord.

- We pray for solidarity and to seek the common good in our families. We pray that they may not be discouraged. We pray that men and women be proud of their work and put into practice the evangelical values. Let us pray to the Lord.
- We pray for the leaders of the western world, that their political engagement may be disinterested, that they may consider all people as equal, that men and women be at the centre of all their decisions since they are created at the image of God. Let us pray to the Lord.

**OUR FATHER ...**

**CONCLUDING PRAYER:**

O Loving Spirit of God, come to the aid of families who are in great need of your merciful help. Grant us the grace to be kind and patient in our family ministry of caring and service, and through this ministry, may your abundant blessings be upon families.

AMEN

**DAY 9 THE FAMILY**

**AND INTER-RELIGIOUS AND INTERCULTURAL DIALOGUE**

**Fruit of the Holy Spirit: FAITHFULNESS.**

We are faithful when we live out our commitment to the teachings of Jesus, the Scriptures, and the Catholic Church.

**BIBLICAL TEXT: Acts 8:30-38**

Philip ran up and heard him reading Isaiah the prophet and said, "Do you understand what you are reading?" He replied, "How can I, unless someone instructs me?" So he invited Philip to get in and sit with him. This was the scripture passage he was reading: "Like a sheep he was led to the slaughter, and as a lamb before its shearer is silent, so he opened not his mouth. In (his) humiliation justice was denied him. Who will tell of his posterity? For his life is taken from the earth." Then

the eunuch said to Philip in reply, "I beg you, about whom is the prophet saying this? About himself, or about someone else?" Then Philip opened his mouth and, beginning with this scripture passage, he proclaimed Jesus to him. As they traveled along the road they came to some water, and the eunuch said, "Look, there is water. What is to prevent my being baptized?" Then he ordered the chariot to stop, and Philip and the eunuch both went down into the water, and he baptized him. "

#### **Prayer intentions:**

- Lord Jesus Christ, at your Last Supper, you prayed to the Father that all should be one. Send your Holy Spirit upon all who bear your name and seek to serve you. Strengthen our faith in you, and lead us to love one another in humility. May we who have been reborn in one baptism, be united in one faith under one Shepherd. Let us pray to the Lord.
- Triune God, you are the origin and goal of all living things. Forgive us when we only think of ourselves and are blinded by our own standards. Open our hearts and our eyes. Teach us to be loving, accepting and gracious, so that we may grow in the unity which is your gift. To you be honour and praise, now and forever. Let us pray to the Lord.
- Creator God, you made us in your own image and redeemed us through Jesus Christ, your Son. Look with compassion on the whole human family; take away the arrogance and hatred that infect our hearts; break down the walls that separate us; unite us in bonds of love. And even in our weaknesses, work to accomplish your purposes on earth, so that every people and nation may serve you in harmony around your heavenly throne. Let us pray to the Lord.

#### **OUR FATHER ...**

#### **CONCLUDING PRAYER:**

Oh Holy Spirit who is the love and unity of the Father and His Son, make us to be of "one heart and one soul" like the Holy Trinity. We know that You guide every person who lives with honesty and love. Teach us to recognize your loving presence in every person who, despite the differences of culture or religion, is our brother and sister. Amen.